

#### What Makes a Team?

The goal of 4-H is to "develop citizenship, leadership, responsibility, and life skills of youth through experiential learning programs and a positive youth development approach." We have witnessed this growth in 4-H members throughout our county. We are proud of them.

We are proud of the growth that we have seen in their lives. Recently one of our county 4-H members shared how her involvement in 4-H has provided her with transformative opportunities to foster a solid work ethic, grow in her compassion for others, acquire a sense of duty and responsibility to her community, and develop lifelong friendships. She was able to share this during our annual awards reception.

This growth has occurred through a variety of different opportunities. She is involved with the 4-H State Youth Leadership Council as well as a member of the county's 4-H Council and is an active learner and leader in her 4-H club. Each of these developmental contexts provide her and many others opportunities to grow.

I have found that an essential element of this growth is collaborative learning. Collaborative learning is a learning style that encourages teamwork and group participation where social interaction, trusting relationships, improved communication skills, and positive engagement are needed for success. 4-H leaders provide these learning opportunities to enhance these skills.

These collaborative skills are essential skills for education and the workplace. These skills are important in every field of business and industry. PIXAR AND GOODLE are setting the pace.

Back in 2012 Google launched a research project to discover why some teams work and some don't. They collected data from 180 teams across the company. The study found that successful groups share a similar culture, a sense of "psychological safety." Amy Edmondson, a professor at Harvard Business School, described this as "a sense of confidence that the team will not embarrass, reject or punish someone for speaking up...a team climate characterized by interpersonal trust and mutual respect in which people are comfortable being themselves."

This principle has been echoed in a book that I've been reading entitled, "*The Culture Code: The Secrets of Highly Successful Groups.*" The key to an effective team or group is safety. The members of the group need to know that they are close, they are safe, and they share a future. An effective team is one where members feel like they belong and are connected to other members and are valued as interconnected contributors.

The value connecting through a 4-H club or program is the opportunity to belong, grow, and succeed in a nurturing, collaborative team where the best is made better.

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#### **Contact Us**

Michael Crafts 4-H Program Coordinator

Insa Raymond Extension Educator

Laura Miller Extension Secretary

20 Care Drive, Suite B Hillsdale, MI 49242

Phone 517-439-9301

Email msue.hillsdale@county.msu. edu

Web Site www.canr.msu.edu/ outreach/

Facebook Hillsdale County MSU Extension

Instagram Hillsdalecountymsuetension

#### **Re-Enrollment**

If you haven't re-enrolled yet, now is the time. All returning leaders and members should re-enroll in 4-H Online 2.0 -<u>http://v2.4honline.com/</u>. Also, all 4-H leaders should ensure that that their annual background check is up to date. Remember that 4-H Online and Volunteer Central are two separate systems. Leaders should be sure updated information is in both systems.

> %4-H Online

#### 4-H Kitchen Announcement

Yes, Wally Burgers are returning. We are pleased to announce that the Hillsdale County 4-H Council is bringing back the 4-H Kitchen to provide meals to the public and 4-H families during the Hillsdale County Fair. The council's objective is to promote 4-H youth development and raise funds for the programs and events throughout the year. As in the past, all 4-H families and clubs will be asked to volunteer during the week of the fair. Watch for more details.

## CALENDAR OF EVENTS

February 4 – 5	Horse Judging Workshop & Practice Contest, MSU Pavilion
February 7, 7:00 p.m	Junior Livestock Committee Meeting
February 8, 6:00 p.m	Youth Division Fair Advisory Committee Meeting
February 9, 6:00 p.m	Horse Leaders Committee Meeting
February 10, 6:30 p.m	Small Animal Sale Committee Meeting
February 12, 10:00 a.m	Hillsdale County 4-H Club Officer Training
February 19, 10:00 a.m	
February 19, 4:00 p.m	Horse Leaders' Spaghetti Dinner and Silent Auction
February 21, 7:00 p.m	
February 23, 6:45 p.m	Shooting Sports Committee Meeting
February 28	Deadline for Shooting Sports Instructor Recertification

	March 1 Possession Date for Beef Project
	March 5, 10:00 a.m12:00 noon Beef Weigh-In, Fairgrounds
	March 8, 6:30 p.mShooting Sports Safety Training and Registration
1	March 9, 6:00 p.mHorse Leaders' Meeting
	March 10, 6:30 p.m Small Animal Sale Committee Meeting
	March 14, 7:00 p.mJunior Livestock Committee Meeting
	March 19, 10:00 a.m
	March 20, 4:00 p.mShooting Sports Safety Training and Registration
	March 20 & 23 Capital Experience
	March 21, 7:00 p.m
	March 26 The Basics: Protecting Your Equine Investment workshop
	March 27 4-H & FFA State Horse Judging Contest, MSU Pavilion
	March 31, 7:00 p.mLarge Animal Sale Committee Meeting

April 2, 10:00 – 11:30 a.m	Jewelry Making Workshop
April 10, 11:00-1:00 p.m	Coggins Testing (Dr. Hammer, DVM)
April 27, 6:30 p.m	
June 22 – 24	
June 25 – July 1	Citizenship Washington Focus (CWF)
July 7	Pre-Fair Meeting
July 10	4-H State Horse Show Entry Deadline
July 23	State Shoot: Centerline, Calhoun County (tentative)
August 1	All Hillsdale County Fair 4-H Entries Due
August 19 - 21	4-H State Horse Show, MSU Pavilion (entry due July 10)

All meetings and events will take place at the Hillsdale County MSU Extension Office unless otherwise noted.

2022 Showmanship Clinic – The 2022 Large Animal Showmanship Clinic is scheduled for June  $18^{th}$ .



## **EVENTS AND ANNOUNCEMENTS**

## 4-H Leadership and Officer Training

Vince Lombardi, the former head coach of the Green Bay Packers who led the team to three straight and five total NFL Championships in seven years, said, "Leaders are made, they are not born. They are made by hard effort, which is the price which all of us must pay to achieve any goal that is worthwhile."

- ° Do want to grow as an effective and proficient leader?
- ° Are you motivated to lead well?
- ° Do you want to enhance your skills in leading a meeting, so people don't get bored?
- ° Have you thought about what it takes to effectively share a vision that other people want to share and follow?

Join us for 4-H Leadership and Officer Training on February 12, 2022, from 10:00 a.m. -12:00 p.m. at the MSU Extension office in Hillsdale. Everyone is welcome. This training is open to all! This is a great opportunity for youth as well as club leaders and volunteers.



We encourage everyone serving as an officer **4-H Leadership and Officer Training** or desiring to be one in the future to attend this fun and engaging training.

> You will find this training helpful in variety of context including your 4-H club or committee, student government, as well, as community and civic clubs. We will learn how to generate ideas, communicate through conflict, build consensus, and develop plan to accomplish a purpose. This is an opportunity to grow in your communication and collaborative teamwork skills which are

applicable to everyday life. Whatever job or career path you choose, these skills will be valuable. Come learn how to prepare for a successful future and make a positive impact today.

There is no cost for the training, but we do require registration. Register online through 4-H Online or contact Michael Crafts, the 4-H program coordinator in Hillsdale County at craftsmi@msu.edu or (517) 439-9301. You need not be a 4-H member to participate. Light refreshments will be provided.

## **Reinvigorate Your 4-H Club**

Considering investing in this online learning experience created for youth (including teen leaders and 4-H Club Officers) and adult volunteers. Each module includes a series of tips, resources, and activities to help make operating your 4-H club "EZ". The goal is to share promising practices of organizing a 4-H Club that youth and adult volunteers can implement together.

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#### Graduating Seniors

We want to honor our graduating seniors and highlight them in a spring edition of the newsletter. Please click on this survey link to provide requested information. Also, send a picture to Laura Miller at Imiller@msu.edu before March 1, 2022.



#### **4-H Council**

The 4-H Council is seeking new members – both teens and adults! Do you want to get involved? Do you have some ideas for the Council that you would like to share? Or maybe you just would like to visit a 4-H Council meeting, meet the current members, and see what is going on. Come and visit the next 4-H Council meeting on February 21, 2022.

#### Community Service Opportunity

Is your 4-H Club looking for a community service opportunity? The Hillsdale County Fair is seeking interested clubs to help with projects at the fairgrounds. They will have different opportunities on the first and third Mondays of each month beginning in May. Club leaders should contact the fair office for more information.

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#### YQCA

Youth for the Quality Care of Animals (YQCA) is a national multi-species quality assurance program for youth. YQCA is designed as an annual education and certification program focused on food safety, animal well-being and character awareness. It is a requirement for exhibitors of swine at the Hillsdale County Fair. Michael Crafts is certified to lead face to face instruction for YQCA right here in Hillsdale County for youth ages 7-18. The workshop will be held Wednesday, April 27th -6:30 p.m.and Tuesday, June 27<sup>th</sup> – 10:30 a.m.

## **EVENTS AND ANNOUNCEMENTS**

## **Beef Project Possession and Weigh-In**

The **possession date** for all market beef is March I. Ear tagging is mandatory. All beef projects are required to have an official Radio Frequency Identification (RFID) ear tag. Also, any cattle imported into Michigan for exhibition shall be accompanied by an interstate certificate of veterinary inspection (CVI) prepared by an accredited veterinarian from the state of origin.

If you will show a beef project at the Fair this year, you must bring it to the weigh-in to get weighed.

Project books are available at the Hillsdale County MSU Extension website.



Mandatory Beef Weigh-In Saturday, March 5, 2022 10:00 – 12:00 (noon) Large Animal Expo Building, Hillsdale County Fairgrounds

## **Shooting Sports Safety Training and Registration**

Meeting One Tuesday, March 8, 2022 Time: 6:30 p.m. MSU Extension Conference Room

Meeting Two Sunday, March 20, 2022 Time: 4:00 p.m. MSU Extension Conference Room

All youth involved in the 4-H shooting sports project area, and all youth who want to get involved in 4-H shooting sports this year <u>must</u> attend one of the two upcoming safety trainings. You will learn important information about the Hillsdale County 4-H Shooting Sports project, as well as how to handle your shooting sports equipment safely.

The Hillsdale County 4-H Shooting Sports program is open to all youth aged 9 and up. Eight-year-old youth may participate in one-on-one direct, adult supervised, basic instruction at the discretion of and authorization of a certified shooting sports instructor (BB gun and archery). Cloverbud-age youth, ages 5 -7 will not be allowed to participate in any 4-H shooting sports activities that include the handling of live-fire of any air-guns, firearms, or archery equipment.

You do not need to join a shooting sports club in order to participate in the shooting sports program. You must register for the shooting sports program at one of the two safety trainings.

The second safety training is scheduled for Sunday, March 20, 2022, at 4:00 p.m. at the MSU Extension Office conference room.

## **ANNOUNCEMENTS**

### SHOOTING SPORTS

#### 2021 Re-certifications

All Instructors with 2021 Certifications will have until February 28 to complete the recertification process. 2021 Instructors may continue working with youth until that time. Certification forms are available through the Hillsdale County MSU Extension office.

#### Safety Training Date(s)

Shooting Sports Trainer Workshop March 3, 2022. Become a Trainer for the Michigan 4-H Shooting Sports program! Trainers facilitate instructor certification workshops for teen & adult volunteers in the 4-H shooting sports project area. Originally scheduled for Jan. 8, this event has been rescheduled for March 5, 2022 at MSU Demmer Shooting Sports Center in Lansing; open to volunteers and staff. Unless applying for the Coordinator Discipline, it is typical to have 3 years' experience at the level 1 level before applying to facilitate these sessions. If you are aware of someone who would make a fine candidate for this job, please share this link. Also, be aware the 4-H Shooting Sports Advisory Board will shortly announce several committees/work teams to support this project, including education, tournament, National Championship/Ambassadors, special events, and fundraising efforts. Some of these efforts will be open to youth members, gold volunteers, or staff who do not hold Instructor Certification, but have a strong interest in supporting this project area.

Instructor Certification Event. April 9, 2022: DNR RAM Center at Higgins Lake State Park. One-day training event offered for Rifle, Archery, Hunting & Wildlife, Shotgun, Project WILD/PLT, and First Aid/CPR. Will require gold volunteer status and prior viewing of required online content. April 10, 2022: Instructor Certification Event. DNR RAM Center at Higgins Lake State Park. One-day training event offered for Rifle, Archery, Hunting & Wildlife, and Shotgun. Will require gold volunteer status and prior viewing of required online content..

National 4-H Shooting Sports Instructor Certification, Level 2. California from May 2 - 6. Workshop offers a 40-hour professional development for those pursing Trainer status. Open only to those who have completed or are actively participating in the Train-the-Trainer workshop.



#### State 4-H Awards

Receive the recognition you deserve while sharpening your communication and writing skills by participating in Michigan 4-H State Awards. A Michigan 4-H State Award is the highest honor bestowed on a Michigan 4-H member and is a great addition to your resume, job, school and scholarship applications. Learn more on how to apply today here: https:// www.canr.msu.edu/4\_h\_scho larships and recognition pro gram/4-h-awards-andrecognition-program/Youth-Recognition/ Deadline April 1, 2022.

2022 4-H State Awards **Applications Now** Available Due April 1, 2022



#### State Awards Assistance **Provided**

Are you interested in applying Learn how to make the most of your 4-H State Award application! for 4-H State

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**>** # 4-H GR

awards and would like some assistance? MSUE staff is here to help and provide

HERE MAN feedback on your application, resume, cover letter and interview skills. Sign up for a State Awards Prep workshop here: https:// events.anr.msu.edu/ AwardsPrep2022/

#### OUR AWARDS PROGRAM WAS HELD WEDNESDAY JANUARY 26TH. THE FOLLOWING ARE THE AWARDS AND RECIPIENTS.

County Award Medals (12-14)	2021 Super Showmanship
DogAva Gimenez	Morgan GriffinWinner
PoultryAva Gimenez	Madilyn FowlerPoultry
GoatChloe Stalhood	Clay Rodgers Feeder Calf
Leadership CommunityChloe Stalhood	Madelyn St. JohnEquine
County Award Medals (15 & Over)	Brody Tinkey Sheep
SwineLanden Clabaugh	VeronicaTinkeyRabbit
Communication Arts-Visual ArtsLanden Clabaugh	Deveyn TonerSwine
DairyDaisy Rodgers	Madalynn GuideauBeef
GoatsDaisy Rodgers	<u>4-H Scholarships</u>
DairyEmma Wines	2021 Citizen Washington Focus (CWF)Landen Clabaugh
Food & NutritionEmma Wines	
2021 State 4-H Contest Participants	National 4-H CongressDaisy Rodgers
<b>*</b>	Emma Wines
RJ Farkas 4-H Shooting Sports Mail-In Match	2021 Capitol ExperienceDaisy Rodgers
Madilyn Fowler 4-H Shooting Sports Mail-In Match	
Emma Wines	<u>CLOVER AWARD RECIPIENTS</u>
Young Person's Achievement Award	<u>1 Year</u> <u>10 years</u>
WinnerKarmin Butler	Amanda Hamilton Sheryl Brown Nicole Ladd
Honorable Mention Makenna Fether	<u>5 Years</u> Amanda Allen Don Ladd
Special Awards	Kelli Bender Jeannie Peter
4-H Key ClubDaisy Rodgers	Kayla Engel <u>15 Years</u>
"I Dare You" Landen Clabaugh	Tennille Fenstermaker Carla Gerth Kassi Keegan Jeremy Stalhood
Daisy Rodgers	Joe Ladd <u>20 Years</u>
Frank ProctorDaisy Rodgers	Brent Leininger Tom Schaedler
Susan Trausch Memorial Awards	Holly Leininger <u>25 Years</u>
Crafts, Winner Makenna Fether	Amanda Lennard Carrie Town Tracy Peter 20 Yours
Crafts, Honorable MentionKarleigh Fether	Michael Pidd Kay Sharp
Rabbits, WinnerDaisy Rodgers	Amy Wickham <u>35 Years</u>
Rabbits, Honorable Mention Landen Clabaugh	Christine Plum
	******
Outstanding Small Animal Youth Exhibitors	1-H Youth & Leader
Poultry Landen Clabaugh	Recognition Program
Rabbit/CavyHayden Ladd	
GoatDaisy Rodgers	
Overall Clara Heath	
Outstanding Large Animal Youth Euclidian	
<u>Outstanding Large Animal Youth Exhibitors</u> Swine Landen Clabaugh	
Swine	
BeefSamuel Williams	Wednesday, January 26, 2022 7:00 p.m.
Samuer withains	
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#### Junior Livestock Committee Officers Announced

President Joselyn Layman

Vice President Hayden Ladd

Secretary Chloe Stalhood

Treasurer Landen Clabaugh

ALONE WE CAN DO SO LITTLE. TOGETHER WE CAN DO SO MUCH.

## **EVENTS ANNOUNCEMENTS**

#### Chloe Stalhood Awarded \$2,000 MSU Pre-College Scholarship

Chloe Stalhood has been awarded a \$2,000 Michigan State University Pre-College Achievement Scholarship. Students in 8<sup>th</sup> to 11<sup>th</sup> grades for 2020-21 who attended an MSU summer pre-college program last year were eligible to apply for this award last fall. Chloe participated in many 4-H opportunities throughout the past year. MSU pre-college programs are great for helping youth explore possible career interests. They are great fun, very educational, and help connect young people with university faculty and other resources. MSU pre-college programs also help youth envision their future so they can wisely choose their high school classes and prepare for college. Selection for this scholarship is based on a student essay. The scholarship is applied toward the student's first year at MSU as a degree-seeking student. The pre-college programs annually offered by MSU Extension 4-H Youth Development are: 4-H Capitol Experience, 4-H Renewable Energy Camp, 4-H Exploration Days, 4-H Great Lakes & Natural Resources Camp, 4-H Animal & Veterinary Science Camp, and the Michigan 4-H Youth Conservation Council. For more information on these 4-H pre-college programs as well as other MSU pre-college programs, please visit Spartan Youth Programs at http://www.spartanyouth.msu.edu. You'll find a multitude of programs that can help youth develop valuable skills, make new friends and taste college life.

#### MSU 4-H Exploration Days Michigan State University Pre-College Program June 22 – 24, 2022

Explore Your Spark

Kick-Off: All participants will attend a kick-off and team-building activities on Wednesday, June 22.

**Registration Fee:** \$220 for youth participants (ages 12-19) and \$110 for volunteer adults. All participants will be required to pay a \$50 deposit when registering. Registration will happen in the Spring. Watch for more details. Registration will be first come, first served. There is a maximum allowable attendance.

The Website: Exploration Days Website.

The Event: Schedule

Social Media: Check out (and like!) the <u>4-H Exploration Days Facebook Page</u>



SMALL GAME

February 15, 2022 | 6:00 p.m

Do you hunt or are you interested in learning more about harvesting wild game? Join us for a virtual program on outdoor food safety-small game. We'll discuss what foodborne illness is, who is most susceptible, how to harvest small game properly, how to take proper hygiene precautions, how to prevent cross-contamination, how to cook food to proper temperatures, and avoid mistakes in food storage. Join us February 15<sup>th</sup> at 6:00pm. <u>https://events.anr.msu.edu/</u> outdoorfoodsafetyfeb22/

## **EVENTS AND ANNOUNCEMENTS**

#### 4-H Capital Experience

As a result of the recent surge in COVID cases, the 4-H Capital Experience has been adjusted.

4-H Capitol Experience Virtual Day Sunday, March 20, 2022 1:30-5:30 p.m.

4-H Capitol Experience In-Person\* Day at the Capitol Wednesday, March 23, 2022
10:30 a.m.- 5:30 p.m.
(\*options to join sessions virtually)
Participants are expected to attend BOTH sessions.

Youth in 8th grade through age 19 are invited to attend the 4-H Capitol Experience. You do not need to be a member of 4-H in order to attend the event. Youth registrants will select an issue group according to their interests, which will be led by a teen facilitator. Issue groups will provide a space for youth to meet peers from across the state while talking about their ideas and what they learned.

Youth will:

Meet elected officials Hear from experts in policy representing a broad range of careers Hear from young people who have made a difference in their communities Discuss hot topics important to youth.

#### Issue Groups:

Each issue group will be facilitated by a teen steering committee member supported by an MSU Extension staff person. Issue groups will serve as networking and learning groups throughout the event. Participants can choose from:

Agriculture Civil Rights Education Environment and Natural Resources Health and Human Services Jobs and Economy Law Enforcement and Corrections Technology and Energy

Watch for more registration details coming soon!



## WORKSHOPS

## 4-H Financial Fitness and Fun

Learn about setting financial goals, saving, budgeting, banking basics, credit and much more through lessons, activities, and games each Thursday from February 24<sup>th</sup> through April 28<sup>th</sup> from 6:15 PM to 7:15 PM EST

For youth ages 12-19 years old

Registration link: https://events.anr.msu.edu/4HFinFit22/

Attend one session or attend them all.

All 4-H Financial Fitness and Fun live sessions will be on Zoom and are available on the MSU Extension <u>4-H Youth</u> <u>Money Management</u> website. Be one of the first 100 youth to attend all 10 sessions either live on Zoom or complete the Nearpod lesson on the <u>website</u> and be eligible for a \$50 savings incentive!

February 24 - Do You Have a Plan? Money Goals

March 3 - Paying for Post-secondary Education

March 10 - Keeping Yourself Out of Debt

March 17 - Credit Craze: Managing Credit Wisely

March 24 - Grow Your Money: Investing and Risk

March 31 - Budgeting: Understanding Income and

Expenses

April 7- They Took What? Your First Paycheck and Taxes

April 14 - Avoiding Money Mishaps

- April 21 Pay Yourself First: Start a Saving Habit
- April 28 Banking Basics

All sessions will be on Zoom and using Nearpod. Access to a tablet or computer with internet access will be needed. Zoom links will be sent out after registration.

Nearly half of Americans (49 percent) who have received more than 10 hours of financial education report spending less than they earn, compared with 36 percent of those people who received less than 10 hours of financial education. The goal of 4-H



financial education is to improve these outcomes by helping youth understand and develop the skills they will need to be financially smart adults.

This program is made possible by a grant from the Department of Licensing and Regulatory Affairs.

For more information about Financial Fitness and Fun please contact Janice Zerbe

## 4-H in the Kitchen: Second Breakfast Edition

I amar prestar aen...the world is changed. I smell it in the air...and with any luck, it will taste pretty darn good in your stomach too! Assemble your fellowship, practice your Entish, and start thinking about taters as 4-H in the Kitchen

guides you on a journey through none other than Middle Earth! 4-H in the Kitchen is pleased to announce their next workshop, 4-H in the Kitchen: Second Breakfast Edition, where participants will be able to learn how to craft a pair of scrumptious dishes that are straight out of the mind of JRR Tolkien and Peter Jackson. Both dishes will have the capacity to be made gluten free and one will be vegetarian.

The workshop will be held virtually February 26<sup>th</sup> and March 12<sup>th</sup>, 2022 from 4:00 pm to 5:00 pm.

Registration is now active!

https://events.anr.msu.edu/SecondBreakfast/



#### Join Us Online **4-H IN THE KITCHEN: SECOND BREAKFAST EDITION** Feb. 26 and March 12, 2022 | 4:00 to 5:00 pm

**4-H GROWS HERE** 

## What is the Michigan 4-H State Championship Skillathon?

A comprehensive test of your knowledge about all things agriculture, especially livestock! Participants will complete multiple choice questions in the areas of:

Beef, Horses, Sheep, Swine, Dairy, Goats, Dogs, Rabbits, Poultry, and General Knowledge (Animal Care & Well -Being, Tools, Crops, Biosecurity, etc.).

## 2022 SKILLATHON Michigan 4-H State Championship



#### Who is eligible to compete?

Compete with youth from all over Michigan for prizes and the chance to advance to the State Championship on March 19th.

How old do you have to be to compete? Competition Levels include:

- ✦ Novice (Ages 8-11)\*
- ✤ Junior (Ages 12-14)\*
- ✦ Senior (Ages 15-19)\*
- + Adult (20+)

\* Youth competing in Novice, Junior, and Senior Levels must be 8, but not yet 20, before January 1, 2022

#### How to qualify for the State Championship

Contestants have two options to qualify for the State Championship.

- ✦ First Qualifier March 5, 2022
- ✦ Second Qualifier March 12, 2022

Individuals scoring above the minimum percentile in each division will be notified via email within 3 days of the qualifier that they are eligible to compete in the State Championship Contest on March 19, 2022.

More information: https://www.canr.msu.edu/otsego/4-h/2022-Skillathon

## Michigan State University Extension

#### Child and Family Development February Offerings

MSU Extension has a wide range of free online classes for parents and caregivers of children of all ages and early childhood professionals. See below for our February offerings!

Please reach out to your local Extension office or find a Child and Family Development team member near you!

Follow our Facebook page for more information and resources at MI Stronger Family - MSU Extension.

#### Extension Extra's Parenting Hour

These free online parenting workshops will provide guidance for parents of young children as they navigate the challenges, concerns, and joys of parenting. Participants may register for as few or as many workshops as they wish. The workshops are on Tuesday evenings from 8:00 to 9:30PM EST as follows:

#### Class dates:

2/1/22: Importance of Outdoor Play2/8/22: Purpose of Play2/15/22: Together We Can: Co-Parenting2/22/22: What Children Need to Know to Start School

Class Times: 8:00PM to 9:30PM

Registration: <u>https://msu.zoom.us/webinar/register/WN\_gYeHtwokSDKUtD-Y7ynA0w</u> For more information contact Courtney Aldrich at <u>aldric82@msu.edu</u>

#### **Parenting Series**

#### Guiding Principles for Highly Successful Parenting

Are you wondering how to gain greater cooperation from your children? Struggling with chores or routines? Not sure how to handle discipline issues? Join us for this five week parenting education series for parents with children of all ages will explore developing routines, emotional control, rules and relationships, and being a calm, assertive parent. Certificates of attendance are available.

Class Dates: February 2<sup>nd</sup>, February 9<sup>th</sup>, February 16<sup>th</sup>, February 23<sup>rd</sup>, March 2<sup>nd</sup> Class Times: 7:00PM to 8:30PM EST Registration: https://events.anr.msu.edu/GuidingPrinciplesFebruary2022/

For more information contact Courtney Aldrich at aldric82@msu.edu

#### The Parent Talk System

Do you feel like your children aren't listening to you? Finding yourself constantly repeating yourself trying to gain compliance? This 6 week series is for parents of children of all ages and is designed to improve communication and provide practical verbal strategies for raising confident, caring, responsible children. Topics include eliminating unwanted behavior, setting limits, teaching about consequences, giving effective feedback, promoting independence, and developing character. Certificates of attendance are available.

Class dates: February 22<sup>nd</sup>, March 1<sup>st</sup>, March 8<sup>th</sup>, March 15<sup>th</sup>, March 22<sup>nd</sup>, March 29<sup>th</sup> Class times: 11:30AM to 1:00PM

Registration: <u>https://events.anr.msu.edu/ParentTalkFebruary2022/</u> For more information, contact Courtney Aldrich, <u>aldric82@msu.edu</u>



## Michigan State University Extension

#### Extension Extras Family FAQs Lunch and Learn

Join MSU Extension for our live question and answer parenting programming option, Extension Extras Family FAQs Lunch and Learn! This one hour program features MSU Extension child and family development experts answering your pressing parenting questions. Pre-register and join via Zoom or watch the live stream on our Facebook page @MiStrongerFamily.

#### Parenting Children with Autism

Join us to talk about parenting children with autism with Cathy Blatnik, President of the Mid-Michigan Autism Association, and Diondra Straiton of Michigan State University. Share your questions and receive live answers! Pre-register at <a href="https://msu.zoom.us/webinar/register/WN\_OmLLnpFtQZ-Z44mRq9Q6PQ">https://msu.zoom.us/webinar/register/WN\_OmLLnpFtQZ-Z44mRq9Q6PQ</a> and join via Zoom or join live on Facebook@MiStrongerFamily

Class Date: February 17<sup>th</sup> Class Time: 11:30AM – 12:30PM Registration: <u>https://bit.ly/FAQVACC</u> For more information contact Carrie Shrier, shrier@msu.edu

<u>Click here to submit your parenting questions</u> in advance or submit questions via Zoom or Facebook Live chat. Social media graphics are attached.

#### Understanding a Toddler's World

Class Date: February 17<sup>th</sup> Class Time: 7:00PM to 8:30PM Registration: <u>https://msu.zoom.us/webinar/register/WN QTdSHAyQQTeoedE5q4z3Hg</u> For more information contact Vivian Washington at <u>washi138@msu.edu</u>

#### Let's Talk: Parent and Provider Communication

Class Date: February 25<sup>th</sup> Class Time: 1:00PM to 2:30PM For more information contact Vivian Washington at <u>washi138@msu.edu</u>



Free tickets now available for MSU Extension Day at the Breslin !



Tickets are now available for the 2022 MSU Extension Day at the Breslin featuring Michigan 4-H! Gather with 4-H friends, families, volunteers and staff to cheer on the MSU women's basketball team as they take on the Ohio State University Buckeyes on Sunday, Feb. 27 at MSU's Jack Breslin Student Events Center.

Order your free tickets by Feb. 6 to receive your tickets by mail; ticket orders received after this date will be available for pick-up at the 4-H Will-Call table the day of the game.

To reserve your tickets, visit <u>https://events.anr.msu.edu/</u> dayatthebreslin2022/.

## STATEWIDE CALENDAR OF EVENTS

## **4-H Events and Workshops**

#### February 2: Adulting 101—Wealth Building

Online

Build your wealth by exploring different types of saving and investment products, evaluating your risk tolerance, and setting goals.

https://www.canr.msu.edu/events/adulting2-2-22

#### February 8: Wild Spartans Series

Online

Are you a Wild Spartan? Join us for this free monthly fisheries and wildlife research webinar series for families interested in exploring science, careers, and conservation. <u>https://www.canr.msu.edu/events/wild-spartans-series-february-2022</u>

#### February 9: Adulting 101—Workplace Professionalism

Online

Gain tips on how to better manage your time, workspace, relationships and boundaries. <u>https://www.canr.msu.edu/events/adulting2-9-22</u>

#### February 14: The Wizarding World of 4-H 4.0 SPIN Club

Online

The Wizarding World of 4-H SPIN club is back for round 4! Participants will read Harry Potter and the Goblet of Fire, the fourth book in the Harry Potter series, during this SPIN club that meets the second and fourth Mondays of February, March and April. <u>https://www.canr.msu.edu/events/the-wizarding-world-of-4-h-4-0-spin-club</u>

#### February 16: Adulting 101—Taxes and Your Paycheck Online

Explore what taxes are and why we pay them. See how taxes affect your take home pay. <u>https://www.canr.msu.edu/events/adulting2-16-22</u>

#### February 23: Adulting 101—Food Safety

Online

We all love to eat! Learn how to properly store, cook, and handle food with safety in mind. <u>https://www.canr.msu.edu/events/adulting2-23-22</u>

# February 26: 4-H in the Kitchen—Second Breakfast Edition Online

A virtual cooking workshop preparing dishes from JRR Tolkien's Lord of the Rings and exploring writing fantasy literature. This two-day event takes part on Feb. 26 and March 12. <u>https://www.canr.msu.edu/events/4-h-in-the-kitchen-second-breakfast-edition</u>

#### February 28: 2021 Shooting Sports Instructor Recertification Deadline

A deadline extension was granted to individuals holding a 2021 4-H Shooting Sports Instructor Certification. Impacted individuals may continue working with clubs until Feb. 28, 2022. https://www.canr.msu.edu/events/2021-shooting-sports-instructor-recertification-deadline

#### March 5: Shooting Sports Trainer Workshop

#### Demmer Shooting Sports and Education Center, Lansing

Become a trainer for the 4-H Shooting Sports program! Trainers facilitate instructor certification workshops for teen and adult volunteers in the 4-H shooting sports area. https://www.canr.msu.edu/events/ss\_trainer\_workshop

For the most up-to-date events listing, go to <u>http://4h.msue.msu.edu/events</u>.

## STATEWIDE NEWS AREA



## 4-H Love Your Money GooseChase Game

Love games? Love prizes? Love money? Michigan 4-H is offering a "Love Your Money 4-H GooseChase Game" in February. The game runs from February 14—21 and is a fun and unique way for youth to learn money management tips.

MICHICAN STATE Extension Funded, in part, through the Michigan Department of Licensing and Regulatory Affairs, the game is open to youth 13 and up. For those under 13, participation can take place with a parent/guardian or older sibling as part of a team. The scavenger hunt missions through the GooseChase app will allow youth to learn about money, have fun, and potentially win prizes!

Registration and additional details can be found at: <u>https://</u>events.anr.msu.edu/4HMoneyGooseChase/.

## Improve your financial skills with 4-H Financial Fitness & Fun

Youth ages 12-19 can learn about setting financial goals, saving, budgeting, banking, credit and much more through lessons, activities, and games each Thursday beginning February 24. Topic will include money goals, paying for post-secondary education, keeping yourself out of debt, managing credit wisely, investing and risk, budgeting, your first paycheck and taxes, avoiding money mishaps, saving and banking basics.

All 4-H Financial Fitness and Fun live sessions will be on Zoom and later available on the MSU Extension <u>4-H Youth Money Management</u> website. Youth may attend any or all of the sessions, but the first 100 youth to attend all 10 sessions will be eligible for a \$50 savings incentive!

This program is made possible by a grant from the Department of Licensing and Regulatory Affairs. To register visit <u>https://events.anr.msu.edu/4HFinFit22/</u>.



## World Food Prize Michigan Youth Institute applications due March 15

As millions across the globe deal with food insecurity, the World Food Prize Michigan Youth Institute (WFP MIYI) offers young people an opportunity to be part of the solution. On May 12, youth will join together to become inspired and prepared as the next generation of global leaders to end world hunger.

Attendees will have the opportunity to share their ideas related to global food security with experts and other Michigan youth while learning how university faculty and staff members, researchers and students are working to address world hunger.

To participate, youth should be in grades 7-12 and register by the March 15 deadline. As part of the registration process, youth are required to prepare a two- to five-page research paper about a developing country and how it is affected by one of 20 key factors that impact food security. At the event, youth will present and discuss their papers with other attendees and research and industry experts. They will also participate in an interactive session with global challenge experts to learn more about topics related to global food and food security.

The top performing students at the WFP MIYI will be considered as possible delegates to attend the World Food Prize Global Youth Institute in October. For more information, visit <u>www.canr.msu.edu/wfpmiyi/</u>. Registration will open on February 1; registration and papers are due by March 15.

4-H Youth in Action Awards Applications Now Open



Apply now for the 2023 4-H Youth in Action Awards! Each year, the program recognizes four confident young leaders with diverse backgrounds and unique perspectives in the pillar areas of agriculture, civic engagement, healthy living and STEM.

Winners will have the oncein-a-lifetime opportunity to share their stories along with unforgettable experiences, celebration on the national stage, recognition in the media and a \$5,000 college scholarship.

This opportunity is open to youth age 15-19. The deadline to apply is March 28. Learn more and apply at <u>https://4-h.org/parents/4-</u> <u>h-youth-in-action-awards/</u>.

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# MSU EXTENSION 4-H EXPLORATION DAYS

MICHIGAN STATE UNIVERSITY PRE-COLLEGE PROGRAM

## YOUTH WILL:

- Experience campus living
- Develop and expand their career and personal interests
- Increase their responsibility, independence, accountability, problemsolving, decision making and time management skills

covers meals, lodging, all event activities and a T-shirt.

## LEARN MORE TODAY!

Contact your local MSU Extension Office

OR

Visit canr.msu.edu/4\_h\_exploration\_days/index



## Super Science Saturday – Mars Base Camp

Saturday, February 19, 2022 10:00 – 11:30 a.m. Hillsdale County MSU Extension, 20 Care Drive, Hillsdale

10, 9, 8 .....3, 2, 1 – Blast Off! Join us on our mission to Mars! We will attempt to land on Mars surface and explore its features. Learn key characteristics of the Martian surface through real images and data generated by NASA missions. To further explore the Martian surface, we will design and build a rover that will navigate the Red Planet from the landing site to another site.



This workshop is open to all youth, age 8 to 14 years old (suggested age). There is no registration fee, but you must register by calling the Hillsdale County MSU Extension Office at 517-439-9301, or by emailing Insa Raymond, 4-H Educator, at <u>raymon65@msu.edu</u>, or logging into <u>4-H online</u> under events by February 15, 2022.

Spaghetti Dinner and Silent Auction February 19, 2022 4:00 - 6:00 p.m. Waldron area School's Cafeteria all proceeds to benefit youth involved in the Hillsdale County 4-H Horse Project

Come support the Horse Leaders